## **DISTRESS PROCEDURE - DSC**

## You are in DISTRESS if:

There is GRAVE AND IMMINENT DANGER to Person, Vessel, Aircraft or Vehicle AND IMMEDIATE ASSISTANCE IS REQUIRED

## What you must do

- Press the RED button once
- Press and hold the RED button down for 5 seconds
- Wait for 15 seconds
- The radio will automatically re-tune to channel 16

Speaking SLOWLY and CLEARLY into the microphone say:

Mayday, Mayday
This is (repeat name of vessel 3 times)
Call Sign; MMSI
[pause]
Mayday
- Mayaay
(name of vessel spoken once)
Call Sign; MMSI
My position is
(lat & long or true bearing and distance from a charted feature)
I am (nature of distress)
I require immediate assistance
persons on board
Other VITAL information
Other VITAL Information
Over

Release the transmit button and wait for an acknowledgement.

KEEP LISTENING ON CHANNEL 16 FOR INSTRUCTIONS
IF ACKNOWLEDGEMENT IS NOT RECEIVED REPEAT THE DISTRESS CALL AND MESSAGE